

found

June: Neurodiversity & Cognitive Strengths

Subject: It's not just willpower; it's your biology

Hi [Name],

At Found, we understand that weight care is deeply personal and rooted in how your unique brain and body work together. For June, as we celebrate Neurodiversity & Cognitive Strengths, we want to highlight that success isn't about "trying harder"—it's about understanding your biology.

Weight management is often influenced by factors beyond our control, such as hormones and neural signaling. That is why our program provides you with 1:1 access to providers trained in obesity medicine who can help you understand your metabolic profile. We work with your body's unique strengths to build a sustainable path forward.

This month at Found:

- **Biological Insights:** Discover how your brain's unique signaling affects hunger and satiety.
- **Personalized Care:** Work with providers who specialize in the medical side of weight care.

[\[Button: Explore Your Biology\]](#)

Best,

[HR/Benefits Team]