

found

Comprehensive weight care driven by your biology

Welcome to Found—a comprehensive virtual weight loss program tailored to the factors that make you unique. We call this “weight care.”

Found has served over 250,000 members in the U.S., helping them on their journey to safe, effective, lasting weight loss.

Feel like you've tried everything?

At Found, we connect you with a dedicated Care Team that delivers tailored treatment plans based on your body, not willpower.



A behavior change program designed to help you build a foundation of healthy habits



Access to expert 1:1 care

We partner with knowledgeable, certified health coaches to provide lifestyle guidance at every step of your journey.



AI-driven nutritional tools

Found's AI-powered Nutrition Concierge, called Aimee, provides members personalized nutritional insights.



Educational content

Engage with a library of educational content and tracking tools to help you build healthy habits for lasting success.



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Results you can see, success you can feel



Julie W., lost 75 pounds*

"Everybody is different and we all respond differently to medications, diets, and other factors—which is why Found gives multiple weight loss options. This program works for so many people because it encourages you to do your part and work for it."



Xavier C., lost 23 pounds*

"One of the life-changing things I learned was about eating mindfully. Found changed my habits of how I see food and how I see myself interacting around it."

** Individual results may vary.

In 1 year, Found users lost an average of 12% body weight. Results based on data from 1,773 users who reported their weight at least 1 time/week on avg. for 1 year. Prescriptions are up to a medical provider's discretion.



Get started on your weight loss journey today!

Scan the QR or visit the dedicated landing page below to enroll.

www.joinfound.com/employers/sequoia-clients-wellness

Have questions? Contact our team at support@joinfound.com

